

MEDIA RELEASE for Dream Big 2018

FOUNDATIONS HURON TO HOST DREAM BIG 2018

CLINTON – March 27, 2018

Foundations Huron is gearing up for its 3rd **DREAM BIG** event on Thursday, May 10, 2018 at the Libro Community Hall, 239 Bill Fleming Drive, in Clinton at 7pm, this year in partnership with **Community Living-Central Huron, Community Living Kincardine & District, Community Living – South Huron, and Community Living Wingham & District.**

Katie Fox, Coordinator of Foundations, is “thrilled with the lineup of presenters this year.” Fox goes on to say “We are honoured to showcase some very talented people who will inspire our community to see the abilities of all people and are proof of the incredible things that happen when you dream big!”

Nicole Flynn is a motivated adventurer of life who has demonstrated the energy and drive to push through the long haul to make her dreams come true. She will share how accomplishing small steps has helped her to reach big dreams, like visiting the Sistine Chapel, and winning a world gold medal, and attending Loyalist College. She is as diverse in her interests, and passions as the nature she adamantly protects. If you are interested in dreaming, and making your dreams come true, then you won't want to miss Nicole's presentation at Dream Big 2018.

Sam Forbes never thought he would be able to work behind the Starbucks bar but his manager believed in him. Diagnosed with Autism and with a movement disorder, Sam turned his movements into dance and is now known as the Dancing Barista. Sam was featured on The Ellen Show and this created a platform for Sam to pursue his goal of being an advocate for people with disabilities. Sam has given speeches for fundraisers, television, high schools, school boards, and youth committees. Sam advocates for people with ASD and Intellectual Disabilities, and above all, inclusion.

Colby Nargang is a Saskatchewan-based entertainer whose music pays tribute to Elvis Presley and Roy Orbison. He has been singing since he was a child, however it was his performance of Roy Orbison's "Running Scared" in 2003 that opened doors to many opportunities. Colby is a well-known representative for people with disabilities as he was born with a rare disorder, Williams Syndrome. Unique to some individuals with this syndrome is an exceptional aptitude for music and the ability to mimic. It has always been Colby's dream to be an entertainer and songwriter, and he feels that if he can overcome the obstacles in his life to achieve his dreams, there is nothing that can stop anyone from achieving theirs.

Through sheer determination and with the love and support of his family and friends, **Josh Easton** completed high school, going on to graduate as an Alumni of the Lambton College CICE program. A very active member with The Canadian Cancer Society's Relay for Life and The Terry Fox Run, he is also the newest member of the Bruce Grey Accessibility Committee. Josh reminds us to seize every opportunity you can reach, and help others to reach their own. Having a disability should not distance you from the rest of society.

Ability Arts Collective is an artist collective run by and for artists with dis/abilities and their allies. Artists are paired with a Scribe who mentally and physically supports their artistic process.

Foundations Huron, a program of Community Living-Central Huron, is an innovative service which strives to assist young adults with a developmental disability to make a successful transition from high school to adult life in their community. The program endeavours to build inclusive communities by assisting people to find their niche, and to become active members of their community; sharing their strengths, gifts and talents. Young adults supported by Community Mentors are busy all throughout Huron County serving in many social roles: as volunteers, licensed drivers, gym, committee & service club members, athletes, and many more.

Fox says “This evening is a night to celebrate inclusion, overcoming obstacles, reaching goals and dreaming big! We hope you will join us.”

Tickets are \$15 and available for purchase at four locations in Huron County:

- Community Living-Central Huron, Goderich
- Foundations Huron Office, 15 Rattenbury St E, Clinton
- Community Living Kincardine & District, Kincardine
- Community Living Wingham & District, Wingham
- Community Living – South Huron, Dashwood

For more information contact:

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