

WASH YOUR HANDS



1.
Wet Hands



2.
Add Soap



3.
Lather



6.
Turn off Taps
with towel



5.
Towel Dry



4.
Rinse

ALWAYS WASH YOUR HANDS:

- after using the washroom
- before preparing food
- after handling raw foods or dirty dishes
- after sneezing, coughing, or blowing your nose.